



CLUBE NAVAL DE MAPUTO

News

N°17 - MAY 2014

Clube Naval new governing bodies inauguration ceremony

- pp. 1, 2

New Sensei in Clube Naval Kendo Team

- pp. 2, 3, 4

Death of Helio Rito, Clube Naval member and friend

- p. 4

CLUBE NAVAL NEW GOVERNING BODIES INAUGURATION CEREMONY

Aurélio Rocha is the new President of Clube Naval for the biennium 2014-2016.

The inauguration ceremony took place on May 28, in the Clube Naval premises in a very nice atmosphere.



CLUBE NAVAL NEW GOVERNING BODIES INAUGURATION CEREMONY

On 29 May, the inauguration ceremony of the new governing bodies of the Clube Naval for the 2014-2016 biennium took place in Clube Naval premises.

Aurelio Rocha was elected new President of the Clube and is accompanied by João Raposeiro and Vítor Cordeiro, who are now Vice Presidents, Domingos Paulino is Secretary General and Carla Costa and Luís Valongo are Treasurers.

The new Commodore is António Silva when Jorge Guerra and Luís Brazuna are Vice Commodores.

Other members of this new direction are José Capão, Pomme Gagneaux, Salomão Munguambe, Nuno Laureano, Paula Rocha and Victor Serraventoso

Marco Veiga is now chair of the new General Assembly along with João Cardoso, Daúde Ussene and Camilo Antão.

In the Fiscal Council, António Cruz figures as President, Abílio Coelho as Rapporteur, Claudia

Pereira as Secretary, Carlos Almada and João Fernandes as alternates.

The main objectives of the winning list "Golfinho Azul" are "giving back" the Clube to its members through the promotion of active participation of all in the Clube's life, to foster a sense of belonging to a community of members with common goals, to develop socialization between family members as well as the spirit of solidarity and to affirm the nautical vocation of the Clube Naval.

The new President intends to perform other general actions such as installing a service of maritime aid, conducting courses of specialized aid to shipwrecked boats, fundraising actions for the Clube, welcoming various nautical modalities, and continuing to organize and develop the sailing, rowing and canoeing modalities.

In the context of its external relations, the Clube will deep the relations with other similar institutions such as Clube Náutico da Beira or Clube Marítimo de Desportos de Maputo.

INAUGURATION CEREMONY GALERY



NEW SENSEI IN CLUBE NAVAL KENDO TEAM

What is KENDO all about?

" Through Kendo we can shape up mind and body, cultivate a vigorous spirit, develop a sincere relationship with others.

The training is hard and correct meaning that what is sought is a development in the Kendo art for seeking courtesy and honor.

Kendo always aims at self-improvement."



Yasu Sugamura,
Kendo Instructor

Visiting a Kendo class at Clube Naval, we interviewed the new Sensei, the Japanese Sugamura Yasu, who has just arrived from Japan to teach at the Clube.

• **Yasu Sugamura, when did you arrive in Mozambique?**

- "On April 1st."

• **Do you like the country?**

- "Yes, so far I'm really enjoying it."

• **How long will you stay?**

- "I'll stay two years."

• **What is Kendo all about?**

- "Kendo in Japanese means "Way of the sword". It is a modern Japanese martial art developed from traditional techniques of fighting with swords of the Samurai in feudal Japan. The practitioner of Kendo is called Kenshi or Kendoka. "

• **What is Kendo main objective?**

- "The purpose of Kendo is to discipline the human character through the application of the Katana principles.

Through Kendo we can shape up mind and body, cultivate a vigorous spirit, develop a sincere relationship with others.

The training is hard and exigent, meaning that Kendo is the art of seeking courtesy and honor. Kendo always aims at self-improvement."

What do you think of Mozambique Kendo?

- "I think very few Mozambicans understand the Japanese culture and are attracted by it. That's the problem.

Clube Naval is also isolated for someone without car. We want to promote the sport so that people can come to understand and practice."



• **What are the main objectives for the Kendo Team of Mozambique?**

- "I will try to increase the number of participants first. Then, my aim is to increase the number of athletes with a Dan level. There are already four people with this level here."

• **On what level does one begin?**

- "The initial level is called Kyu. A young person can go to the DAN level in about four years.

The DAN level (a kind of black belt) has ten levels still.

There are only 5 Japanese in the world in the ninth grade and none in the tenth.

Above the sixth level there are only Japanese at the moment.

Usually when we completed the eighth DAN level is very hard to pass the ninth. Only 1% can pass the ninth and they are always professionals."

DEATH OF HELIO RITO, MEMBER AND FRIEND OF CLUBE NAVAL

It is with great sadness that we announce the death of Hélio Rito, member of Clube Naval.

Numerous relatives and friends from Clube Naval and Clube Marítimo went to the sea for the launch ceremony of the ashes.

We offer our condolences to his family.

You will always be present, Hélio. Rest in Peace.

