

CLUBE NAVAL

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LAURENTINA BILLFISH CLASSIC 2011 FISHING COMPETITION

The Cormoran team led by Yassin Nordine won the first Prize of the High Sea Fishing Competition organized by the Naval Club.

The Naval Club organized a High Sea Fishing Competition in 2011 that took place in three steps with the support of the following sponsors: SkyNet, Laurentina, Toyota, LBH Group, Nova Vida, Logos, Honda Marine, Ipanema, Docks, Telescan, DaLima, 7 Seas and Brithol Michcoma.

On May 15, the Cormoran team led by Yassin Nordine and made up of Dino Nordine, Pedro Silva and Richard Martins received the 300,000 MT Winner Prize. In second place, the team led by captain Bernardino Ramos won a prize equivalent to 60,000 MT.

The third podium position was assigned to the team led by captain Paulo Bastos, with a prize of 30,000 MT.

During the event, which took place in the Salão Nobre of the Naval Club, the Commodore announced that the Club supported the creation of a fishing section, with the support of the Maritimo Club, in order to create lasting relationships between the two entities.



JUDO

JUDO LESSON

The Naval Club Section of Judo has been existing for over 12 years and has prepared two athletes for the Olympic Games. Join and become a champion too!

Neuso Sigauque at the Olympic Games

Neuso Sigauque, Mozambican National Judo Champion in the category under 60 kg, has been selected for the London Olympic Games that will take place in July 2012. During the last two years, the champion has added points in several proofs that has allowed him to qualify. He is now preparing himself in one of the best judo clubs in France.



Neuso Sigauque will be the second athlete to represent the country in judo. In 2008, Edson Madeira defended the national colours at the Olympic Games in Beijing.

USEFUL INFORMATION

FOR WHOM?

Young: 4-9 years

Teenagers: 9-16 years

Adults from 17 years

SCHEDULES

Young

*Tuesday/Thursday/Friday:
16h00 - 17h00*

Teenagers

*Tuesday/Thursday/Friday:
17h00 - 18h00*

Adults

*Tuesday/Thursday/Friday:
18h00 - 19h30*

PRICE

750 Mtn/Month

CONTACT

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- + 258 82 49 00 597 (Bruno Luzia)

Pedro Alves, founder of FMJ

Judoka, black belt 2nd dan (see picture below) Pedro Alves is the founder of the Federation of Judo of Mozambique and the head of the Naval Club Section of Judo.



SPEAR-FISHING

SPEAR-FISHING SHOOTING IN INHACA

A team of South African spear-fishers came to explore the Inhaca Island ocean surroundings to prepare the making of a documentary about spear-fishing for American television.



Rob Allen

Rob Allen is the founder of the brand of the same name, based in Durban, SA, specialized in spear-fishing equipment. Rob Allen has supported the expedition not only providing high-tech equipment but also with his skipper ability.

Check:

www.roballen.co.za



Richard Leonard

A spear-fisher, Richard Leonard considers this sport as the most extreme and most dangerous one. His advice for beginners:

- Dive with experienced people.
- Gradually gain the depth and avoid pushing the limits. The activity requires a lot of experience and it takes years to acquire it.



Chris Coates

A spear-fisher, Chris Coates has appeared in several films. He is editor of the magazine specializing in spear-fishing, "Ultimate Spear-fishing", which contributes greatly to the dissemination of this sport.

Check:

www.ultimatespearfishing.com



Gumby

A spear-fisher and an underwater cameraman, Gumby can shoot in apnea for almost two minutes, till 30 meters deep. The main quality required in this activity, besides having a good breath is to anticipate the capture of every crucial moment of the film.



HOW TO CATCH A MARLIN?

Victor Serraventoso, the 'black marlin' (232 kg) record holder of spear-fishing in Mozambique, shares some tips with us.

"I advise the use of a speargun big enough: 1.30m/1.40m, an extended cable at least 40 meters long depending on the depth connected to a 12 liters + (vol.) buoy . I also use an artificial attractive 'flasher'. The secret lies in calmness and the hope that the trophy will always appear ... "

NEWS ABOUT SPEAR-FISHING AT THE NAVAL CLUB

Currently, meetings are held at Naval Club in order to reorganize the Department of spear-fishing to involve the practitioners of this sport in future competitions.

MISCELLANEOUS



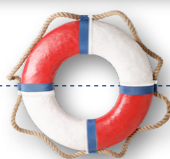
BOAT FOR SALE

Equipment or boat for sale?

Send photos, technical features and contact to the following
email: clubenaival@yahoo.com



- Semi-rigid Gemini boat manufactured in Cape Town, South Africa
- 5 meters long
- Yamaha 4 strokes 50 hp
- Contact: 82 30 67 280



WIN 6 MONTHS OF FREE MEMBERSHIP

Draw the new model of membership card and send your project to the following
email: clubenaival@yahoo.com

NEWSLETTER SUBSCRIPTION

To receive the newsletter, send your email to clubenaival@yahoo.com and indicate your preferred language: English or Portuguese