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YOUTH SAILING WORLD CHAMPIONSHIP

Ezequiel Chachine represented Mozambique at world championship in Tavira, Portugal



Ezequiel Chachine





Tavira, Portugal 12-19 July 2014

MOZAMBIQUE IN YOUTH SAILING WORLD CHAMPIONSHIP



CLUBE NAVAL DE MAPUTO

 Ezequiel, you have just arrived from Portugal. You participated in the Youth Sailing World Championship organized by ISAF, the International Sailing Federation that took place in Portugal. How old are you?

- "I will turn 18 in August."

Who accompanied you in this championship?

- "I was accompanied by Cesar Sanches, who gave me all support.

· Did you like the experience?

- "Yes, I liked it a lot. 396 participants in all categories came from around the world. It was a great experience for me, I made many friends, learned many things related to sailing competition. The best world sailors where there.

What did you learn?

- "For example, I learned from a Danish young sailor to risk more. I understand today that fifty percent of a race is won at the departure. So we have to make good starts to get the clean wind. I was a bit afraid to take risks because it means having to do another round in case of false start.

How was the championship?

- "The weather conditions were not favorable. There was very little wind. The wind only came after competition. So in my case, I'm good with strong wind, it was a bit difficult. The route was also very long."

What was your final score?

- "I arrived in fifty-third position in the Laser/Radial category."
- Has Mozambique good conditions to attract these championships?
 - We have fantastic wind conditions almost all year. Apart from the fact that we have a very attractive country in terms of tourism. Mozambican athletes must participate more in these championships to learn and improve. For example, the young Danish sailor I met in Portugal had already participated in more than thirty competitions this year. So it becomes difficult to compete with them."

• Who supported the transport and accommodation costs to participate in this championship?

- "Clube Naval supported travel expenses and a part of accommodation costs. The rest was paid by the Federation. I am thankful for all the support I received and this great opportunity."



JUDOKAS OF CLUBE NAVAL IN COMMONWEALTH GAMES

On July 23, the 20th edition of Commonwealth Games began in Glasgow, Scotland.

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Mozambique is represented by 15 athletes in four sports: athletics, boxing, judo and swimming. On the first day of competitions, the Mozambican, Neuso Sigauque was selected for the semi-final.

Neuso, which competes in the -62 kg category, won Zambian judoka William Kaluga.

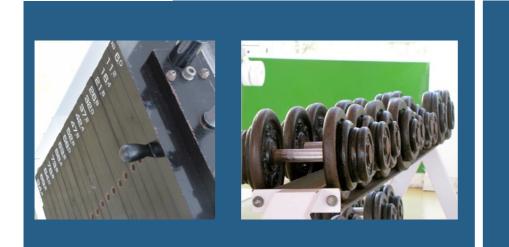
The Mozambican judoka faced Dominic Agudoo from Ghana and was also victorious, winning his place in semi-finals.

Bruno Lucia, another Mozambican judoka competed in 66kg- category.

Mozambique still has a third judoka in the Commonwealth Games, Edson Madeira, who will compete on Friday, July 25, facing the Indian Balvinder Singh.



GYM WINTER SCHEDULES



Monday to Friday 6:00 am till 9:00 pm

Saturday & Sunday 6:30 am till 7:00 pm

Holidays 6:30 till 13:00

STELIO CHIPASSO: "HERE AT CLUBE NAVAL, NOBODY IS BETTER THAN ANYONE"



CLUBE NAV

- Good morning Stelio. We know that you are the Clube Naval supervisor. How long have you been working for the Clube?
 - "Good morning. I have been working here for five months now."

What is your function?

- "My function is to control everything that happens at Clube Naval: seamen, maintenance, safety and welfare of this Clube, so that everything can work perfectly. I arrive every day at 6:30am and leave Clube Naval at 6:00pm.
- Which requirements are necessary to perform this function?
 - "I think you must have a good knowledge of administrative and organizational management so that nothing ever fails, and also a great sense of responsibility."

What do you like most in Clube Naval?

- "I like everything. I have learned many new things. In the maritime area for example. Every day we deal with people connected to the sea with navigation experience to teach us new things. To me, it's an experience unlike any I've had before."

· Where have you worked before?

- "I was a provincial supervisor of the INE (National Statistics Institute) in Maputo province.
- I was also a professor of statistics at the Institute of Transport Communication."

What is your relationship with the sea?

 (laughs). "I can swim! I learned to swim right here next to Clube Naval, near those sticks over there ... That was more than twenty years ago... Perhaps one day I'll learn how to sail. Working along the sea brings us a certain serenity and cheerfulness."

• Which projects of Clube Naval do you participate in?

- "Internally, the training of seamen is essential. Some of them still have a lot to learn. We must create competent teams. But not only seamen are important. Everyone is important here."

• What are the biggest challenges here?

- "I wish all members can feel good at Clube Naval. The Clube is all this, the restaurant, the pool, the gym. All people are important here to Clube's good management.